



GO

SUMMER CAMPS & CLASSES 2009

GO is offering SIX exciting camp sessions this summer including the new all-day GO AWAY to Camp!! In addition there will be special Monday Classes for grades K & Up.

On Fridays, we offer a Class for Parents and Children under 3 and a Camp for preschoolers.

All camps are designed to build character, confidence & discipline while developing athletic and artistic talents. Camps are designed with age-appropriate activities, and students are divided according to groups.

(All grades refer to children who are entering the stated grade.)

Sydney Darnell, Owner
Elementary Education Certified K-8
Trained coaches for all level classes
(Infant to Adult)
Student/Coach Ratio - 6:1

GO Summer Camps



GO BIG camp (Grades K-3)

...a fast paced, fun challenge designed to develop character, promote social skills, build self-esteem, and teach team building through rock-wall climbing, sports drills, tumbling, gymnastics, and art.



GO CHEER camp (Grades K-3)

...is designed for the girl who is serious about becoming a cheerleader and the cheerleader who is serious about improving her skills. This camp will include technique, dance, jumps, tumbling and leadership skills.



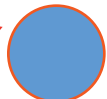
GO PICASSO camp (Grades K&Up)

...will motivate and stimulate each individual student's imagination and inborn creativity by exposing and encouraging self-expression through painting, sculpting, and mixed media. There will be opportunities for students to display and sell their art in the "Go Gallery" for personal or charitable profit.



GO SPORTS camp (Grades 3&Up)

...will focus on strengthening and building your child's athletic abilities. The camp will include intense sports fundamentals and each day will be filled with fun games.



GO EXTREME camp (Grades 4-6)

...is an intense camp that will put each student's physical and mental skills to the test. This camp is designed for the child who desires to focus on the proper technique of Rockwall Climbing and will include a series of individual and team challenges that require strategy, teamwork, agility, and wit while enjoying a healthy competitive atmosphere.



GO AWAY to camp (Grades 2-5)

...is designed for the student that is ready for a full day away. The camp is action packed with activities that create an environment of a **far away camp experience** including tents, cabinmates, campfires, smores and adventure! Campers will attain their **GO Badge** by reaching individual goals throughout the week. Campers will be motivated to be their best and try new things! *Supply lists provided at registration.*



MONDAY CLASSES

Gym & Tumbling (Grades K&Up) 4:30 - 5:30

...is designed for the student who desires to be focused strictly on developing their overall gymnastics & tumbling skills. Students will learn basics and develop routines for all gymnastics apparatus: Beam, Vault, Bars, and Floor & Tumbling. Students will be placed in groups according to skill level.

GO Combo (Grades K-6) 5:30 - 6:30

...is designed to develop character, promote social skills and a healthy self-image through tumbling, dance, cheer, rock-wall climbing and overall fitness instruction. Students will be placed in a class according to skill level and age.

Cheer & Tumbling (Grades 3&Up) 6:30 - 7:30

...is designed for the girl who is serious about becoming a cheerleader and the cheerleader who is serious about improving her skills. This class will include technique, dance, jumps, tumbling and leadership skills.

FRIDAY CLASS AND CAMP

We GO Together (Parent & Child under 3) 8:15 - 9:00

...is a dynamic class designed for a parent and child under 3. The class invites you and your child to experience colors, textures, music and movement that will excited imagination and creativity. *CAUTION PARENT: You might learn something too!*

Little GO Camp (Preschool) 9:30 - 11:30

...is designed to develop character, promote social skills, and promote a healthy self-image through tumbling, dance, art, cheer, rock-wall climbing, all gymnastic apparatus, and overall fitness instruction.

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gocreativeathletics.com

BUILDING CHARACTER, CONFIDENCE AND DISCIPLINE THROUGH CREATIVE ATHLETICS AND THE ARTS